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## High School Health/Safety Certification (2 days)

**Course overview:** This course will familiarize you with general workplace information, an orientation to the Workplace Hazardous Materials Information System (WHMIS), and Emergency First Aid skills.

**Course duration:** 2 days

### Day 1 – morning session

- ◆ Young Workers Program
  - Occupational Health/Safety Act
  - Right of Refusal Process
  - Group research on various aspects of workplace hazards

### Day 1 – afternoon session

**WHMIS (Workplace Hazardous Materials Information System)**  
*(regulation 860/Occupational Health and Safety Act, section 42)*

- ◆ Legislation
- ◆ Employer, Supervisor, Worker Responsibilities
- ◆ Information Delivery Systems (Symbols, Labels, MSDS)
- ◆ Worker Training Requirements (Generic/Site Specific)
- ◆ Inventory/Floor Map Requirements
- ◆ Body Entry Routes
- ◆ Acute/Chronic Exposure
- ◆ WHMIS Checklist
- ◆ Personal Protective Equipment (Overview)

(cont'd)

**Day 2**  
**Emergency First Aid Program**  
**(WSIB Regulation 1101)**

- ◆ Legal Aspects / Duties
- ◆ WSIB Requirements
- ◆ Scene Safety
- ◆ Initial Assessment (Airway, Breathing, Circulation)
- ◆ Mechanism of Injury
- ◆ Recovery Position
- ◆ Choking (Conscious / Unconscious)
- ◆ CPR
- ◆ Heart / Stroke Factors
- ◆ Critical Incident Stress
- ◆ Wound Care
- ◆ Bleeding
- ◆ Shock
- ◆ Ongoing Casualty Care

**Venue:** course delivered on-site at your premises

**Who should attend:** high school students who will benefit from an overview of workplace general information, workplace hazardous materials information, and emergency first aid skills