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Emergency First Aid (1 day)

(WSIB Regulation 1101)

Course overview: This course will familiarize you with emergency first aid skills.

Course duration: 1 day

Topics:

- ◆ Legal Aspects / Duties
- ◆ WSIB Requirements
- ◆ Scene Safety
- ◆ Initial Assessment (Airway, Breathing, Circulation)
- ◆ Mechanism of Injury
- ◆ Recovery Position
- ◆ Choking (Conscious / Unconscious)
- ◆ CPR
- ◆ Heart / Stroke Factors
- ◆ Critical Incident Stress
- ◆ Wound Care
- ◆ Bleeding
- ◆ Shock
- ◆ Ongoing Casualty Care

Venue: course delivered on-site at your premises

Who should attend: all employees who require an overview of emergency first aid skills